



TODAY'S DATE

I AM THANKFUL FOR [WHAT I HAVE]

I AM GRATEFUL FOR [WHAT WILL COME]

TODAY'S SUCCESS

PRIORITY 1
TODAY'S GOAL
TODAY'S ACTION

PRIORITY 2
TODAY'S GOAL
TODAY'S ACTION

PRIORITY 3
TODAY'S GOAL
TODAY'S ACTION

PRIORITY 4
TODAY'S GOAL
TODAY'S ACTION

NOTES

PEAK PRIORITIES

FAMILY
VOCATION
RECREATION
SPIRITUAL
EXERCISE
NUTRITION

Doubt kills more dreams than failure ever will. - KARIM SEDDIKI



SCHEDULE

6:00
6:30
7:00
7:30
8:00
8:30
9:00
9:30
10:00
10:30
11:00
11:30
12:00
12:30
1:00
1:30
2:00
2:30
3:00
3:30
4:00
4:30
5:00
5:30
6:00
6:30
7:00

ACTION ITEMS

FUTURE SCHEDULE

TOMORROW'S PLAN

REFLECTIONS

MY WINS WERE
I WILL STOP DOING
I LEARNED THAT
I AM THANKFUL FOR
I WILL START DOING
I AM GRATEFUL FOR